

CODE OF CONDUCT FOR PLAYERS

- Conduct yourself properly and show respect to teammates, opponents, referees, managers, coaches, parents, teachers and spectators
- Follow and respect instruction from your coaches and team officials, provided they do not contradict the spirit of this code
- Attend training sessions regularly and be punctual for all activities
- Prepare yourself mentally to learn from the training session
- Practice good time management
- Be conscientious in your school work
- Lead a healthy sporting lifestyle. Look after your diet, sleep well, take good rest, especially after training session
- Do not smoke, drink alcohol and take other harmful substances
- Accept success and failure, victory and defeat equally
- Respect your opponents, avoid violence, rough play and help injured opponents
- Respect all the decisions of match officials