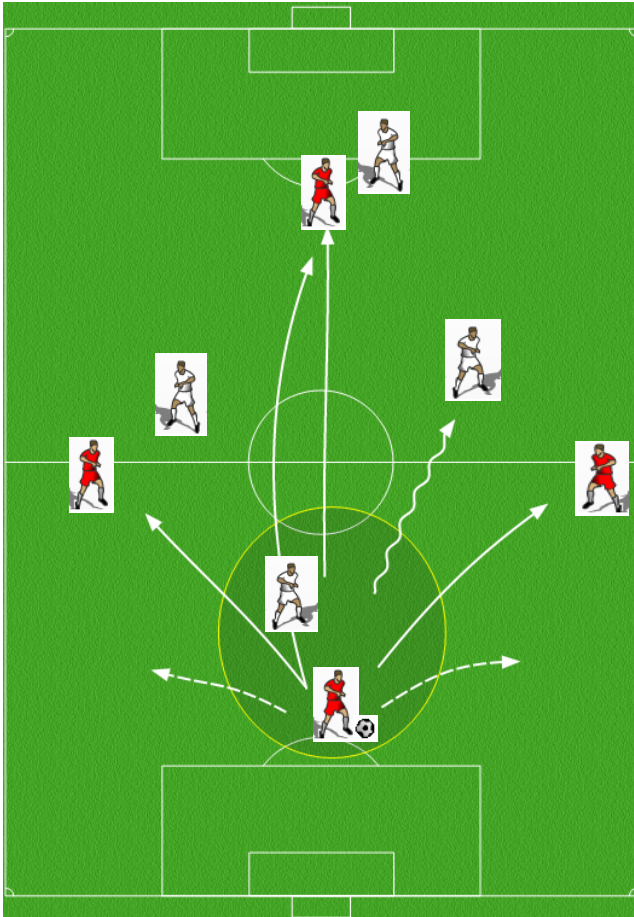


## Players' Tasks in 4 v 4 (Diamond)

### Team Red With Ball Possession (B+)

#### The Sweeper (No. 3, 4, 6 or 8)



#### Objectives

- Start the build-up of attack (Build-up phase)
- Launch attack and ultimately try to score

#### Technique

- Quality passing (short and long)
- Receiving and controlling the ball
- Leading the ball
- Shielding the ball

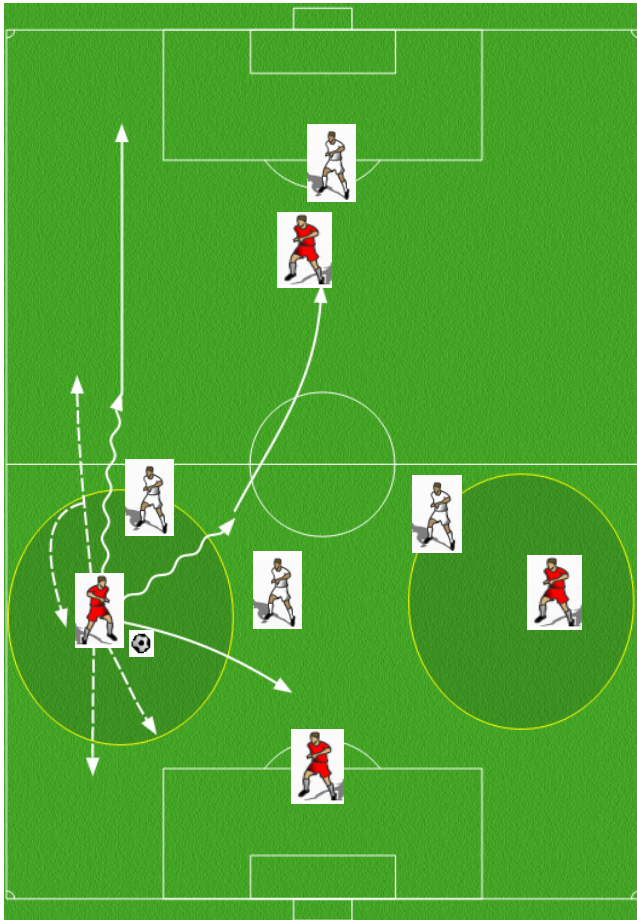
#### Insight

- Support play - correct angle, distance and timing
- Determine the direction of play (switch play)
- Ready to play the ball forward or run forward with the ball
- Provide support from behind, make back pass possible and for re-direction of attack
- Avoid losing ball-take no risk

#### Communication

- Reading the play
- Recognizing situations
- Encourage attack
- Movement into space & asking
- Communicate with teammates on their roles, situation, opponents' play, etc. (leadership)

## The Midfielders (No. 6, 8, 10)



### Objectives

- Continue the Build-up phase into the Retention phase in order to score (creation, penetration and scoring)

### Technique

- Receiving and controlling the ball
- Quality passing (short/long)
- Leading the ball
- Dribbling
- Shielding
- Shooting
- Heading

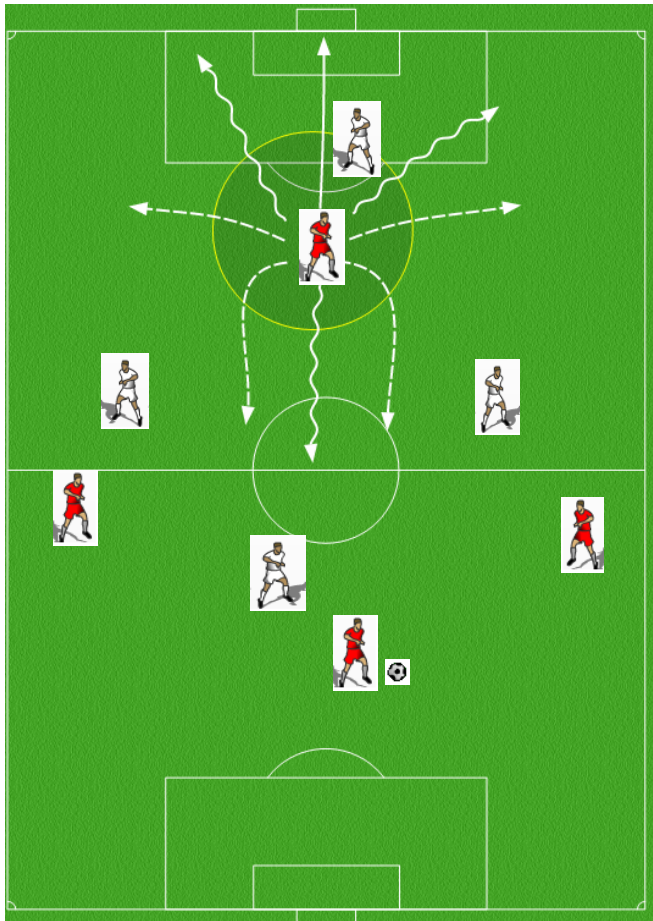
### Insight

- Correct positioning and timing of support play (width and depth)
- Avoid losing possession (ball retention under pressure)
- Overcome opponents in 1v1 situations
- Use of runs, combination plays and dribbling skills to penetrate
- Forward, penetrative passes
- Looking forward and playing forward
- Provide support behind

### Communication

- Asking/showing for the ball (Verbal and non-verbal)
- Communicate with team-mates on keeping possession and penetration (“man on, time, pass, turn” etc.)

## The Striker (No. 9)



### Objectives

- Attacking, assisting and scoring

### Technique

- Receiving/controlling the ball
- Shielding
- Passing
- Leading the ball
- Dribbling
- Finishing: shooting, heading, chipping, placing
- Laying the ball off

### Insight

- Provide depth in attack
- Movement and mobility
- Exploit spaces with timely runs (forward)
- Create space for oneself or team-mates
- Penetration and finishing (eye for goal)
- Single-mindedness

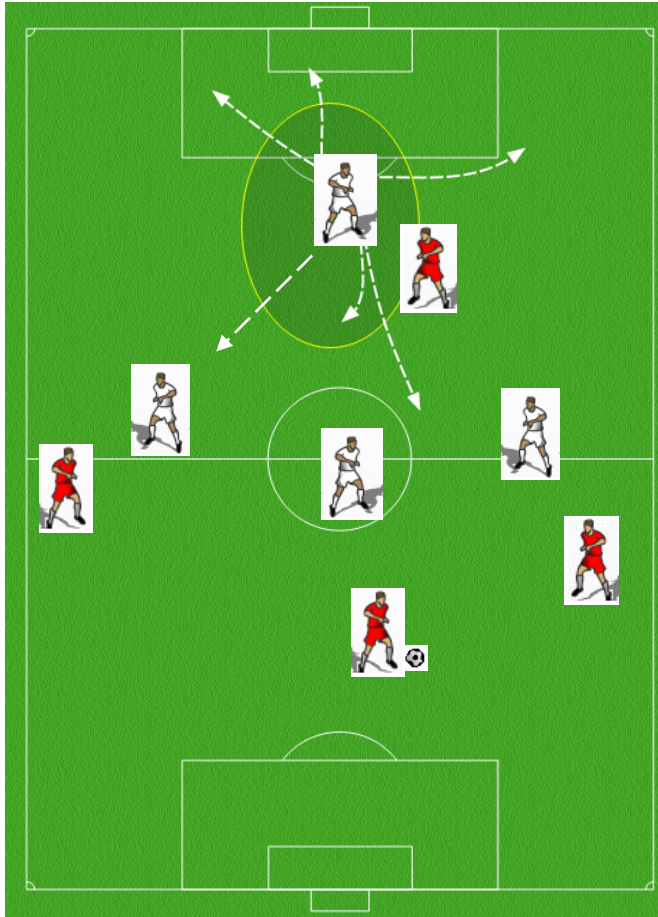
### Communication

- Asking/showing for the ball (Verbal and non-verbal)
- Communicate with team-mates on keeping possession, combinations and penetration (man on, time, pass, turn, etc.)

## Players' Tasks in 4 v 4 (Diamond)

### Team White Without Ball Possession (B-)

#### The Sweeper (No. 3, 4, 6 or 8)



#### Objectives

- Avoid conceding a goal
- Contain opponent striker
- Regain ball possession

#### Technique

- Marking shape
- Block and sliding tackle
- Defensive headers

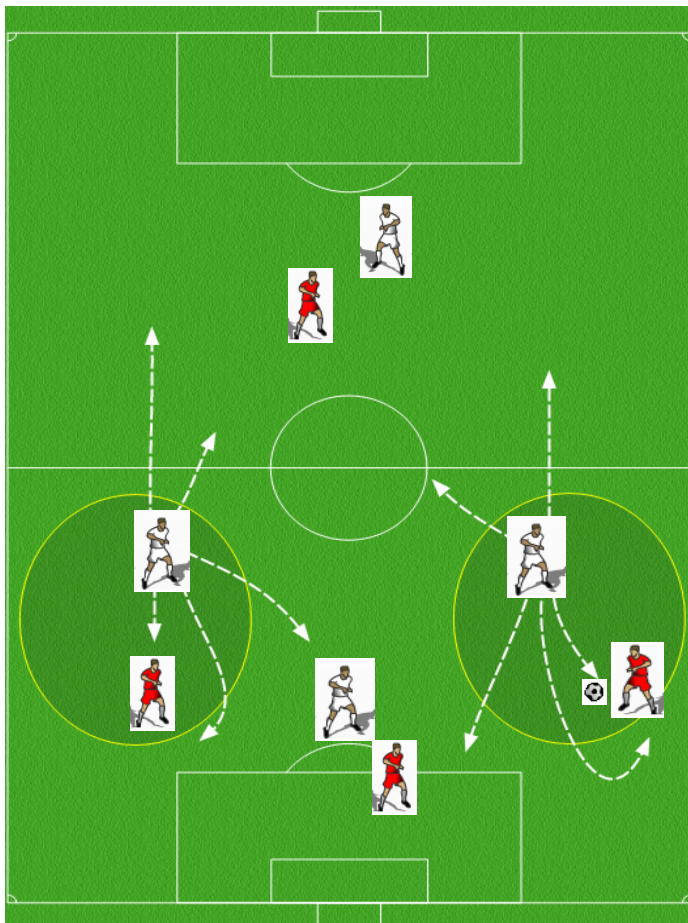
#### Insight

- Cover teammates, provide defensive depth and balance
- Marking and/or covering roles
- Staying goal-side
- Dominate 1v1 situations
- Look beyond immediate opponent and read the situation further away
- Take over marking/pressing the most dangerous opponent

#### Communication

- Communicate and direct team-mates in front
- Encourages, provide stability and strong leadership

## The Midfielders (No. 6, 8, 10)



### Objectives

- Defend against opponents' attack
- Disrupt opponents' build-up (delay, press, cover)
- Screen space in between lines and gaps
- Regain ball possession

### Technique

- Screen opponent/space
- Tackling (tackle or feint to challenge)
- Agility, balance, reaction speed
- Defensive headers

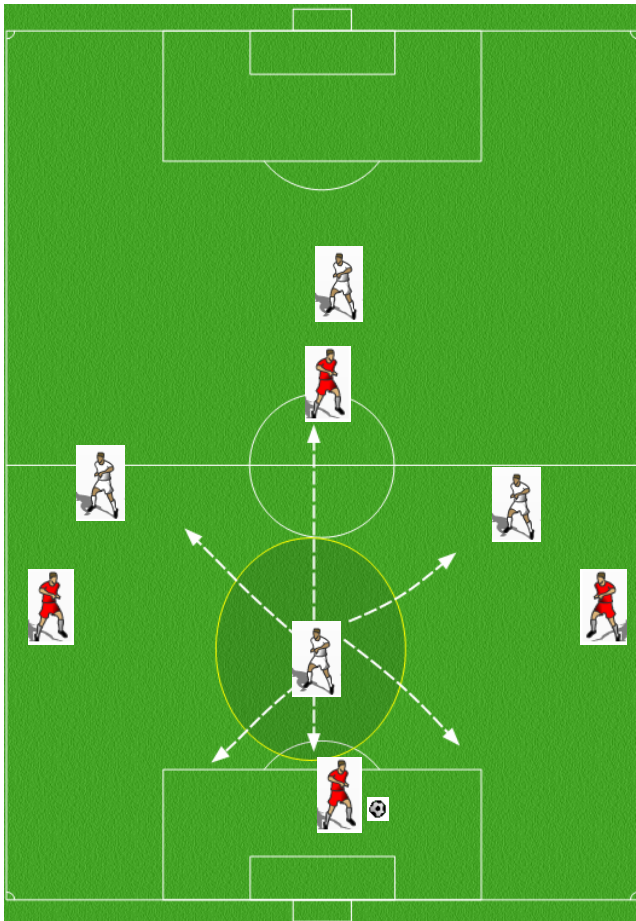
### Insight

- Correct defensive positioning (Goal-side, marking and covering angles/distance)
- Compact, provide covering distance and angle
- Cut off forward/split passes
- Mark/track opponents
- Make recovery runs
- Dominate 1v1 situations
- Create 2v1 situations
- Make opponents' play predictable (cut of pass)

### Communication

- Clear instructions to each other (Verbal)
- Anticipate defensive actions of front team-mate (e.g. force opponents' play to one side/area/corner)

## The Striker (No. 9)



### Objectives

- Delay/disrupt opponents' buildup for own team to recover and re-organize
- Prevent forward passes
- Make play predictable/force opponent to play to one side/area/corner

### Technique

- Screen opponent
- Tackling (tackle or feint to challenge)
- Agility, balance, reaction speed
- Body shape to make opponents' play predictable
- Angled/curved runs to cut off passes

### Insight

- Delay opponents' build-up, force square pass, cut off forward/split passes
- Force opponents' play to one side
- Make opponents' play predictable
- Delay/pressure the player with the ball
- Choose right moment to apply high pressure (instructions from behind)
- Dominate 1v1 situations
- Create 2v1 situations

### Communication

- Keep the defending/pressing line with team-mates
- Anticipate the intentions of the opponent with the ball
- Maintain contact with team-mates